

# Activity 1: Communication Style

1. How would your friends and family describe your communication style

---

---

---

---

---

---

2. What are your strengths when it comes to communicating?

---

---

---

---

---

---

3. When do you struggle to communicate effectively?

---

---

---

---

---

---

4. As a potential candidate, what communication best practises are you aware of that you will work on to achieve?

---

---

---

---

---

---

